

2022

# Welcome to Eight Branches



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 Eight Branches

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# Introduction

Welcome to the Eight Branches College of Eastern Medicine. Our school offers students a modern and comprehensive education in Traditional Chinese Medicine that is designed to meet criteria set out by Canadian and US regulatory bodies.

By integrating both Eastern and Western medicine into our course curriculum, our graduates are well-versed and prepared for professional practice upon graduation.



Courses in our program include fundamental and advanced training in Acupuncture, Moxibustion, Herbal Therapy, and Western Medicine.

Our students can expand their training with specialization workshops such as Zen Shiatsu, Japanese-style Acupuncture, Korean-style Acupuncture, Tuina, and Nutritional Therapy, amongst other variations.

To enrich the experience of our students and ensure their success, our program includes active participation in our student and professional clinics accompanied by clinical observations.

Nowadays, more and more people are looking beyond the barriers of western medicine, seeking holistic ways to relieve their ailments and maintain a healthy, balanced lifestyle. With a focus on wellness and natural harmony, it comes as no surprise to us that the demand for traditional Chinese medicine (TCM) practitioners is witnessing a momentous resurgence.

Eight Branches promises an engaging and comprehensive education in traditional Chinese medicine, ensuring that this ancient wisdom will be passed down for generations to come. Our approach to mastery is rooted in personal development and care, helping create proficient practitioners who not only have a rich understanding of all eight branches

of TCM, but who are trained to treat underlying causes and are inspired to improve the quality of life of others.

Over the years, our college has developed a time-honored reputation for delivering an enriching education which incorporates hands-on learning and extensive practice. Breadth and depth of knowledge are equally important to us - Eight Branches is the only acupuncture school in Toronto that offers advanced training in bodywork, cupping, nutrition, Gua Sha, moxibustion, herbology, acupuncture, Taoist Arts. By highlighting each of these eight branches, our curriculum provides our students with a truly holistic and comprehensive education, staying true to the historical roots of TCM.

We believe that an enriching education means going beyond focusing merely on eliminating or alleviating symptoms – At Eight Branches, you will be supported and mentored by a warm community and encouraged to grow on a personal level. Workshops, internship opportunities, mentorship and post-graduation support are all an indispensable part of our offering.

Our holistic approach creates passionate and confident graduates who are equipped for success, and most importantly, are inspired to positively impact their communities through this compassionate medicine.





# Welcome to Toronto, Canada

Toronto is Canada's largest city and one of the most multicultural cities in the world. With a population of 2.9 million, it is known for its towering buildings, famous waterfront skyline and diverse culture.

Our location is in the heart of the Midtown Toronto neighborhood, which is one of the most vibrant and family-friendly neighborhoods in the city- rich in character and with a long history of embracing healthy and community-focused lifestyles.

We are located at Yonge and Davisville, a short walk from Davisville subway station, with ample parking close by.



Visit Us

112 Merton St 3<sup>rd</sup> floor,  
Toronto, ON M4S 2Z8





# Our Diploma and Certificate Programs

For information on our full list of programs please visit [www.eightbranches.ca/programs/](http://www.eightbranches.ca/programs/)

## Diploma in Acupuncture

- 2268 hours
- Completed in 2 years full-time
- 3 years full-time with summers off
- Hybrid delivery (online and on-site)
- 668 Clinical Hours



## Post-Grad Traditional Chinese Medicine Practitioner

- 986 hours
- Completed in 1 year full-time for acupuncture graduates or Registered Acupuncturists
- Hybrid delivery (online and on-site)
- 250 Clinical Hours



## Post-Grad Advanced Traditional Chinese Medicine Practitioner

- 970 hours
- Completed in 1 year full-time for acupuncture graduates or Registered Acupuncturists
- Hybrid delivery (online and on-site)
- 250 Clinical Hours

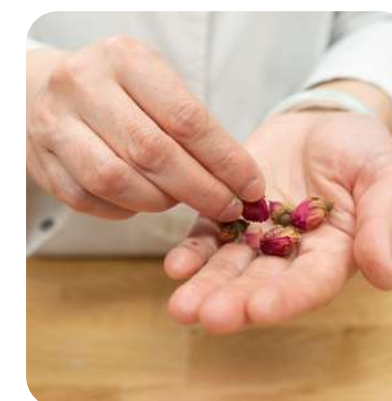


## Diploma in Herbology

- 1500 hours
- Completed in 2 years full-time
- 350 Clinical Hours

## Certificate in Acupuncture for Healthcare Practitioners

- 384 hours
- Completed in 1 year





# Eastern Medicine



Traditional Chinese Medicine (TCM) is a comprehensive natural health care system that has been used in Asia for thousands of years.

It is currently practiced all over the world to treat a wide variety of symptoms and conditions. Over the last few decades, there has been a significant rise in the practice and use of TCM and Eastern Medicine in North America. As these practices begin to rise in popularity, the demand for educated practitioners continues to soar.

We ensure our students participate in a rigorous and comprehensive curriculum that covers the fundamentals of TCM and Eastern Medicine.





# Choosing the Right School

One of our primary goals is to fully prepare our graduates for professional practice. To that end, we have one of the largest teaching clinics in Ontario and we offer opportunities for students to learn beyond the basics required for board regulatory examinations.



## A Vibrant TCM Community

Eight Branches partners with leading TCM clinics and institutions such as Canadian College of Acupuncture and Traditional Chinese Medicine to bring more opportunities to students. Internships and job opportunities are more readily found in a more active community and in our network we have over 1000 students, graduates, and faculty in Canada and more internationally.

Many of our students are hired by previous graduates and we actively host workshops and continuing education seminars

## Positive Learning Environment

We encourage interested students to take a tour of our school to be able to better visualize the physical space. Your intuition will help determine if the atmosphere is positive and inspires the right conditions for your educational growth and development. We have taken the time to ensure our campus is warm and inviting, while still being a highly functional learning environment.

To cater to different course formats, we have classroom spaces, a serene studio for Taoist Arts, and a fully equipped clinic for students to practice. Our facility reflects one of our key education foundations by offering a balance between online lectures and hands-on practical teaching spaces. We also house an extensive library and apothecary in which our students can utilize for studying and quiet time.

## Research and History

Practitioners and clinics across Ontario understand the value behind an Eight Branches Diploma. Our Faculty and Alumni consists of notable practitioners who have completed research in their respective fields and have published and presented papers.

## Modern Resources

We partner with leading educational providers to deliver modern learning experiences to our students. We place a high importance on our curriculum and its delivery, offering a balance of textbook knowledge, hands-on practice, and online resources. Our school offers a complete and comprehensive education in both our Professional Diploma Programs and Continuing Education Programs. We distinguish ourselves from other schools by having in-depth training in all Eight Aspects of Traditional Chinese Medicine.

### Clinical Residency

Our Teaching Clinic is the largest and most visited student run clinic in Toronto. It trains students on all aspects of clinic management, including client relationships, booking return patients, case studies and extensive hands-on practice.

Our Clinical Residency Program takes it one step further. Unlike other schools, we create individual profiles for each student and teach Practice Management and Business Development to ensure a smooth transition into the workforce. We aim to give students an experience that is not just a “classroom clinic” but is indistinguishable from the environment they will be practicing in after graduation. Our students can administer treatment plans and work closely alongside patients to develop interpersonal working relationships. We actively encourage students to start building their patient base in school so that they can graduate with clients already in on a wait list.

### International Education

Students from across the globe have traveled to Canada to study at Eight Branches. Some stay and some bring the knowledge back to their home country. We are blessed to have the opportunity to foster and teach such a diverse student body.

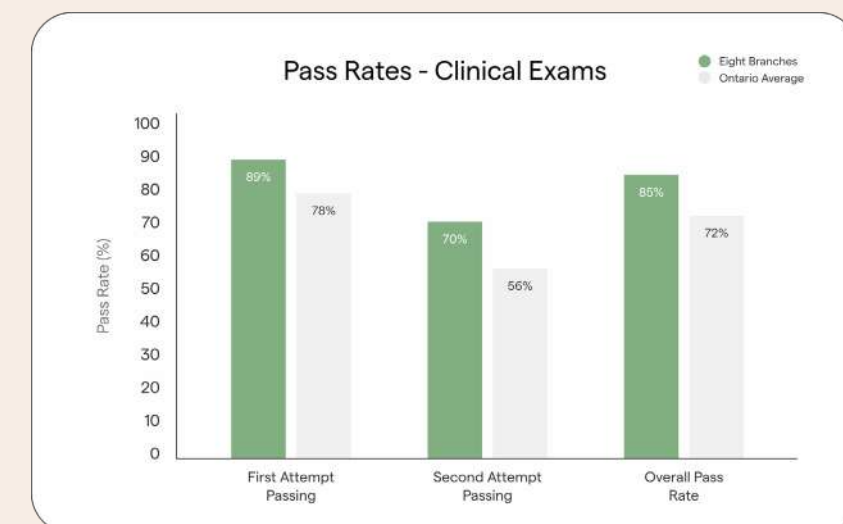
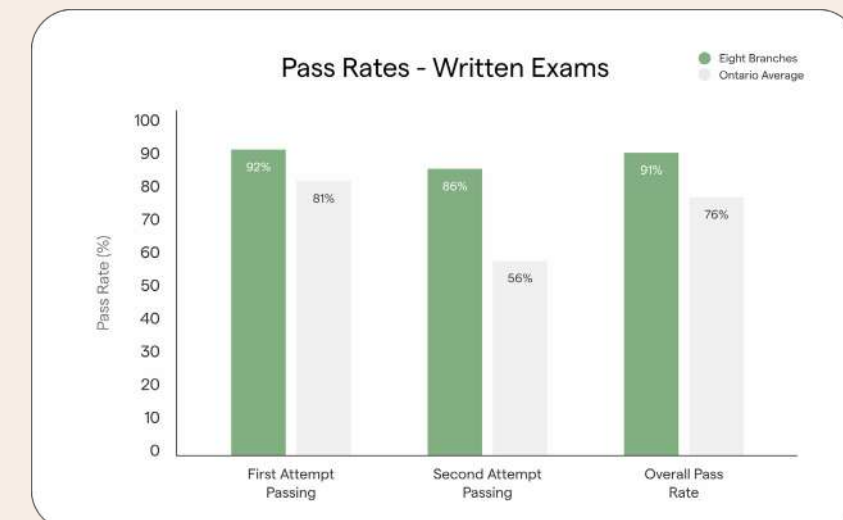
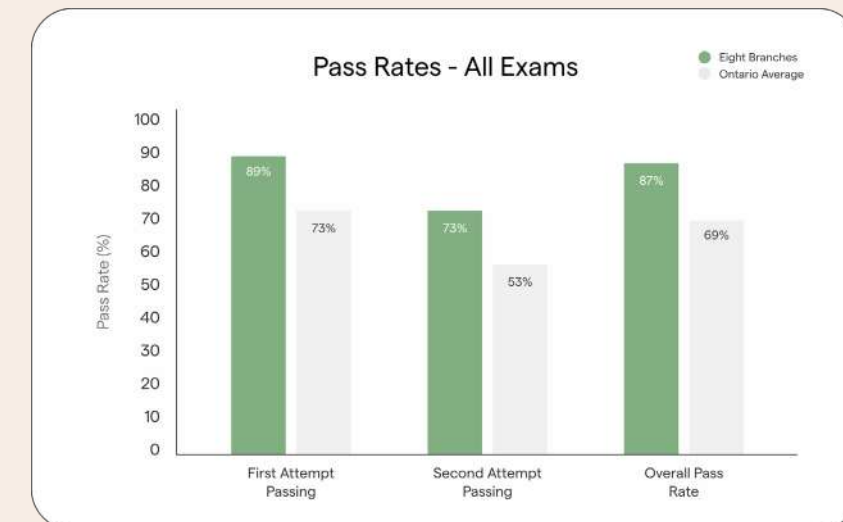
Domestic students have the option to take part in clinical internships abroad with funding options available to top performing students that would like to visit China as part of Eight Branches and CCATCM's partnership with a Canadian University. Participation in internships can be credited towards the total clinical hours required per program and can be substituted for selected courses.

Our Diploma program is international and has been carefully developed with prominent TCM practitioners from diverse and unique backgrounds. This allows us to introduce international acupuncture techniques from around the world. Our diverse faculty is a sign of our commitment to an international TCM education.

### Testing Excellence

In addition to the hands-on practical and holistic learning, we pride ourselves on our tested and proven ability to prepare students for licensing exams. The Eight Branches Professional Examination Prep Course is taken by students from across the country.

Our graduates have one the highest pass rates on Pan-Canadian Examinations with an average of 90% of our students passing upon the first attempt, and 98% - within two attempts. Our school consistently outperforms competitors, as the national average for first-time examination passing rates are set at 69% . We deliver measurable results that further reinforce our claims of ensuring our students’ academic success. For more information regarding our updated cumulative pass rate please refer to the charts to the right.





# Our Leadership



**XIAOXUE YIN**  
R.Ac, R.TCMP, PhD

Academic Director and Professor

Xiaoxue Yin received her Bachelor of Medicine Degree from Shaanxi University and in 2003 she received her PhD in Orthopaedics from Peking University. Later she completed postdoctoral work in Orthopaedics and Sports Medicine at the University of Washington.

Dr Yin has won various awards for her medical publications including articles by several medical academic journals including Chinese Materia Medica, Beijing Youth, and Peking University Third Hospital. Recently Xiaoxue has worked as a professor at Eight Branches College, practitioner in her own clinic and guest lecturer at University of Toronto.



**LIHUI GUO**  
R.Ac, R.TCMP, MD

Professor

Lihui Guo received his medical degree in 1986 from the Liaoning College of Chinese Medicine. He was an Associate Professor and Vice Chief Physician, teaching and practicing Chinese medicine at the Liaoning College of Chinese Medicine.

Dr. Guo also conducted clinical research on the effects of acupuncture on high blood pressure. He specializes in acupuncture and tuina treatment of sciatic neuralgia and headaches. He has taught and practiced acupuncture, tuina massage and Chinese Medicine since coming to Canada in 1998.



**DIANA TONG LI**  
R.Ac, R.TCMP, PhD

Professor

Dr. Diana Tong Li is the founder and president of the Canadian College of Acupuncture and Traditional Chinese Medicine (CCATCM), the vice president of the Chinese Medicine and Acupuncture Association of Canada (CMAAC).

In her early career, Dr. Li worked at the Second People Hospital (HuQiong hospital) in Shenzhen, where she helped build their first Acupuncture and Moxibustion department. She received her PhD in Acupuncture and TCM from the Heilongjiang University of Chinese Medicine. Dr. Li is well-respected in the local medical community for her passion and her expertise in fertility treatments.



**RAVEE CHEN**  
R.Ac, M.Sc

Campus Director

Ravee Chen is the 6th in a generation of Chinese Doctors. With a background in business, medicine, research and education, he helps with operations at Eight Branches and is always looking for new ways to deliver high quality Canadian TCM education.

Prior to working with Eight Branches, Ravee played an advisory role to medical device distributors in Canada and is currently involved in multiple new medical fields: the fungi bioscience space, specializing in advancing the field of psychedelic fungibased therapeutics; and the longevity space, an area focused on increasing the natural human lifespan.



**RYAN BROOKS**  
R.Ac, R.TCMP

President

Ryan Brooks has studied at the Academy of Classical Oriental Sciences in British Columbia and the Toronto School of Traditional Chinese Medicine. He is also a graduate of the Eastern Studies Program at the University of Western Ontario. Following his studies in Canada, Ryan completed a clinical internship at Chengdu University of Chinese Medicine Teaching Hospital in the Sichuan Province of China.

Presently, Ryan continues to share his high level of expertise by implementing his vision for an eastern medical college where the Eight Branches of TCM are taught.



# Student Handbook







## Tuition

### Acupuncture Diploma Program

\$29,700 (full-time study) for 2268 hours of study

### TCMP Diploma Program

\$44,550 (full-time study) for 3142 hours of study

### Post-Grad TCMP Diploma Program

\$14,850 (full-time study) for 986 hours of study

### Post-Grad Advanced TCMP Diploma Program

\$14,850 (full-time study) for 970 hours of study

### Chinese Herbology Diploma Program

\$19,200 (full-time study) for 1500 hours of study

\*Textbooks and materials are not included in the tuition fees.

## Financial Aid

Financial Assistance may be available to those who qualify. Contact us regarding student loans, scholarships, bursaries, payment plans and other financial aid options.

Students receiving OSAP funding are required to maintain a full course load for the duration of their program and must complete their program in the designated time for full-time studies.

To find out if you qualify, please visit the OSAP website.  
[www.ontario.ca/osap](http://www.ontario.ca/osap) (English)  
[www.ontario.ca/rafeo](http://www.ontario.ca/rafeo) (French)

## Tuition Structure

Fees for the diploma programs are structured on a by program basis; the acupuncture program costs \$4,950 per semester for full-time study or \$900 + auxiliary fees per course for part-time study. In order to attain “full-time status”, students are required to take all courses according to a program schedule and contract.

Please note, the Acupuncture & Moxibustion Diploma Program can be completed in 2 years studying full-time or 3 years studying with summers off. Part time study and summer off tuition is structured differently than full time.

Payments can be made by installment. Fees for internships in China are not included in the above fees.

Eight Branches strives to accommodate all students who demonstrate a desire to study at our facility. To this effect we have structured a program that offers substantial flexibility. If you believe you require disability, diversity or other accommodations, please let us know during your application stage.

## International Tuition

International tuition rates are \$6,930 per semester for full-time study.

## Academic Transfers

Academic transfers will be evaluated on a case-by-case basis and do not affect tuition. Materials from the previous course will be examined and students may be required to demonstrate coursework knowledge through oral or written examination. There is a \$100 non-refundable transfer fee. \*All fees, terms, and policies are subject to change.

Scholarships

Scholarships are primarily awarded based on academic merit and are awarded after graduation.

If a student who has received a scholarship, bursary, credit or award that has been administered as a credit to their student account withdraws, the amount credited will be forfeited and will be calculated into the balance owing to our school.

Clinical Scholarships

Requirements  
Evaluated and rewarded to full-time students who have excelled in residency, and are pursuing post-graduate studies.

Academic Scholarships

Requirements  
Rewarded to students who want to pursue further education after their acupuncture diploma. Must be a graduate of Eight Branches or CCATCM and have passed national examinations.

Application Scholarships

Bring-a-friend

Requirements  
Promote TCM by getting your friends to learn too!

Please contact [admissions@eightbranches.ca](mailto:admissions@eightbranches.ca) for latest Scholarship and Financial Aid details.

Bursaries

Bursaries will be primarily awarded based on demonstrated financial need.

Requirements

- A complete application with interview
- Must have applied for OSAP
- Recent 2 years of T4 filing

Please contact [admissions@eightbranches.ca](mailto:admissions@eightbranches.ca) for the latest Scholarship and Financial Aid details.

“My single aim is to help people improve their lives, to take control of their health, and to increase their physical and mental strength.”

– Ryan Brooks, Founder of Eight Branches



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## Admissions

We welcome prospective students who demonstrate a keen interest and serious commitment to developing a career in Eastern Medicine. Applicants must demonstrate a mature attitude and readiness to embrace the work required in order to achieve the level of proficiency necessary to be successful in this field.

Students who excel have a demonstrated understanding of the responsibilities associated with being a healthcare professional, strong commitment to learning the principles and ideologies of Eastern Medicine and serious dedication to personal goals and their achievement.

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## Application Process

We have shifted our application process to primarily be digital. Registration forms can be obtained by calling the registration office or in person. Based on preferences, we still accept physical registration forms. Forms can be obtained by calling the registration office or in-person if a tour of the facility is desired.

The application requirements consists of the following:

- Submission of properly completed application form
- Completion of an Ontario Secondary School Diploma (OSSD) or its equivalent. If applying as a mature student, completion of an Eight Branches Mature Student Test and/or Canadian Adult Achievement Test or its equivalent
- \$100 Application Fee; \$200 for international students

The application procedure may also consist of:

- Transcripts from all post-secondary institutions attended;
- Two letters of recommendation attesting to your individual learning capacities, skills and attitude;
- Personal essay (200-300 words) detailing your abilities, purpose and motivation for studying at Eight Branches College;
- Once all documentation and application fees are received, an interview will be scheduled for each applicant. Applicants will be notified of their acceptance by mail and instructed on how to proceed with enrolment.
- Prospective students whose primary language is not English may be required to submit a passing grade in an English proficiency exam, and demonstrate satisfactory written/oral comprehension of English.

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## Application Deadline

Applications are due 30 days prior to the commencement of term. Students are encouraged to apply early as space is limited. Late applications can be considered on a case-by-case basis.

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## Semesters

The academic year is split into four terms. For Fall, Winter, and Spring, each term is 12 academic weeks in duration. Summer is a shorter 9 week semester for clinics and workshops.

- Fall Term commences the third week of September and ends mid December.
- Winter Term commences the first week of January and ends the first week of April.
- Spring Term commences right after Winter and ends early July.
- Summer Term commences right after Spring and ends in the first week of September.





# Course Catalogue





# Two-Year Acupuncture Diploma (September Start)

## Year 1 - Term 1

CODE	COURSE TITLE	CREDITS
TCM-1001	Foundation of Traditional Chinese Medicine (A)	3
EMA-40XX	Eastern Bodywork I*	3
PRO-7001	Interpersonal Skills, Practice Management, Professionalism	3
TCM-1005	TCM History, Pinyin, Chinese Language, etc.	3
SHA-6001	Self Healing Arts	3
CLC-9000	Clinical Observation (68 Hours)	4
		Total - 19

## Year 1 - Term 2

CODE	COURSE TITLE	CREDITS
ACU-2008	Acupuncturist Safety, Jurisprudence, Regulation, Intro to Clinic	3
ACU-2001	Meridian Theory	3
BIO-5001	Anatomy I	3
ACU-2005	Acupuncture Allied Therapies	3
ACU-2002	Acupuncture Points Theory (A)	3
CLC-9001	Clinical Internship A (50 Hours)	3
		Total - 18

## Year 1 - Term 3

CODE	COURSE TITLE	CREDITS
TCM-1003	Diagnostics of Traditional Chinese Medicine (A)	3
ACU-2006	Acupuncture Techniques (A)	3
TCM-1002	Foundation of Traditional Chinese Medicine (B)	3
BIO-5002	Physiology	3
EMA-40XX	Eastern Bodywork II*	3
BIO-5011	Anatomy II	3
CLC-9002	Clinical Internship B (50 Hours)	3
		Total - 21

## Year 1 - Term 4

CODE	COURSE TITLE	CREDITS
CLC-9002	Clinical Internship B (200 Hours)	12
		Total - 12

\* Eastern Bodywork I and Eastern Bodywork II is completed by taking two of the following courses which have rotating availability:

EMA-4011 Eastern Bodywork: Zen Shiatsu I  
EMA-4012 Eastern Bodywork: Zen Shiatsu II  
EMA-4021 Eastern Bodywork: Acupressure I  
EMA-4022 Eastern Bodywork: Acupressure II  
EMA-4032 Eastern Bodywork: Tui Na II

# Two-Year Acupuncture (September Start)

## Year 2 - Term 1

CODE	COURSE TITLE	CREDITS
TCM-1004	Diagnostics of Traditional Chinese Medicine B	3
ACU-2003	Acupuncture Points Theory (B)	3
EMA-4003	Tui Na	3
BIO-5003	Pathology	3
ACT-3005	Acupuncture Therapeutics	3
CLC-9002	Clinical Internship (50 Hours)	3
RES-9021	Residency (50 Hours)	3
		Total - 21

## Year 2 - Term 2

CODE	COURSE TITLE	CREDITS
ACU-2004	Acupuncture Points Theory (C)	3
ACU-2007	Acupuncture Techniques (B)	3
BIO-5004	Pharmacology	3
HRB-8002	Introduction to TCM Herbology and Formula	3
ACT-3001	Acupuncture Internal Medicine	3
ACT-3003	Acupuncture External Medicine and Misc.	3
RES-9021	Residency (100 Hours)	6
		Total - 24

## Year 2 - Term 3

CODE	COURSE TITLE	CREDITS
HRB-8001	TCM Nutrition	3
BIO-5005	Neuroanatomy & Emergency Medicine	3
ACT-3002	Acupuncture Gynecology & Pediatric Diseases	3
BIO-5006	Western Medical Diagnostics & Examination	3
ACT-3004	Acupuncture Orthopedics, Sports Medicine, Traumatology	3
RES-9021	Residency (100 Hours)	6
		Total - 21

## Year 2 - Term 4

CODE	COURSE TITLE	CREDITS
PRO-7005	Exam Preparation, Career Planning	3
		Total - 3





# Two-Year Acupuncture Diploma (January Start)

## Year 1 - Term 1

CODE	COURSE TITLE	CREDITS
ACU-2008	Acupuncturist Safety, Jurisprudence, Regulation, Intro to Clinic	3
ACU-2001	Meridian Theory	3
BIO-5001	Anatomy I	3
ACU-2005	Acupuncture Allied Therapies	3
ACU-2002	Acupuncture Point Theory (A)	3
TCM-1001	Foundation of Traditional Chinese Medicine (A)	3
CLC-9000	Clinical Observation (68 Hours)	4

Total - 22

## Year 1 - Term 2

CODE	COURSE TITLE	CREDITS
TCM-1003	Diagnostics of Traditional Chinese Medicine (A)	3
ACU-2006	Acupuncture Techniques (A)	3
TCM-1002	Foundation of Traditional Chinese Medicine (B)	3
BIO-5002	Physiology	3
EMA-40XX	Eastern Bodywork II*	3
BIO-5011	Anatomy II	3
CLC-9002	Clinical Internship B (50 Hours)	3

Total - 21

## Year 1 - Term 3

CODE	COURSE TITLE	CREDITS
CLC-9002	Clinical Internship B (50 Hours)	3
CLC-9002	Clinical Internship B (200 Hours)	12

Total - 15

## Year 1 - Term 4

CODE	COURSE TITLE	CREDITS
TCM-1004	Diagnostics of Traditional Chinese Medicine (B)	3
EMA-40XX	Eastern Bodywork I*	3
ACU-2003	Acupuncture Points Theory (B)	3
EMA-4003	Tui Na	3
BIO-5003	Pathology	3
ACT-3005	Acupuncture Therapeutics	3
CLC-9002	Clinical Internship (50 Hours)	3
RES-9021	Residency (50 Hours)	3

Total - 24

\* Eastern Bodywork I and Eastern Bodywork II is completed by taking two of the following courses which have rotating availability:

EMA-4011 Eastern Bodywork: Zen Shiatsu I  
EMA-4012 Eastern Bodywork: Zen Shiatsu II  
EMA-4021 Eastern Bodywork: Acupressure I  
EMA-4022 Eastern Bodywork: Acupressure II  
EMA-4032 Eastern Bodywork: Tui Na II

# Two-Year Acupuncture (January Start)

## Year 2 - Term 1

CODE	COURSE TITLE	CREDITS
ACU-2004	Acupuncture Points Theory (C)	3
ACU-2007	Acupuncture Techniques (B)	3
BIO-5004	Pharmacology	3
HRB-8002	Introduction to TCM Herbology and Formula	3
ACT-3001	Acupuncture Internal Medicine	3
ACT-3003	Acupuncture External Medicine and Misc.	3
RES-9021	Residency (100 Hours)	6
		Total - 24

## Year 2 - Term 2

CODE	COURSE TITLE	CREDITS
HRB-8001	TCM Nutrition	3
BIO-5005	Neuroanatomy & Emergency Medicine	3
ACT-3002	Acupuncture Gynecology & Pediatric Diseases	3
BIO-5006	Western Medical Diagnostics & Examination	3
ACT-3004	Acupuncture Orthopedics, Sports Medicine, Traumatology	3
RES-9021	Residency (100 Hours)	6
		Total - 21

## Year 2 - Term 3

CODE	COURSE TITLE	CREDITS
PRO-7005	Exam Preparation, Career Planning	3
		Total - 3

## Year 2 - Term 4

CODE	COURSE TITLE	CREDITS
PRO-7001	Interpersonal Skills, Practice Management, Professionalism	3
TCM-1005	TCM History, Pinyin, Chinese Language, etc.	3
SHA-6001	Self Healing Arts	3
		Total - 9





# Three-Year Acupuncture Diploma (September Start)

## Year 1 - Term 1

CODE	COURSE TITLE	CREDITS
TCM-1001	Foundation of Traditional Chinese Medicine (A)	3
EMA-40XX	Eastern Bodywork I*	3
PRO-7001	Interpersonal Skills, Practice Management, Professionalism	3
TCM-1005	TCM History, Pinyin, Chinese Language, etc.	3
SHA-6001	Self Healing Arts	3
		Total - 15

## Year 1 - Term 2

CODE	COURSE TITLE	CREDITS
ACU-2008	Acupuncturist Safety, Jurisprudence, Regulation, Intro to Clinic	3
ACU-2001	Meridian Theory	3
BIO-5001	Anatomy I	3
ACU-2005	Acupuncture Allied Therapies	3
ACU-2002	Acupuncture Points Theory (A)	3
		Total - 15

## Year 1 - Term 3

CODE	COURSE TITLE	CREDITS
TCM-1003	Diagnostics of Traditional Chinese Medicine (A)	3
ACU-2006	Acupuncture Techniques (A)	3
TCM-1002	Foundation of Traditional Chinese Medicine (B)	3
BIO-5002	Physiology	3
EMA-40XX	Eastern Bodywork II*	3
BIO-5011	Anatomy II	3
		Total - 18

\* Eastern Bodywork I and Eastern Bodywork II is completed by taking two of the following courses which have rotating availability:

EMA-4011 Eastern Bodywork: Zen Shiatsu I  
EMA-4012 Eastern Bodywork: Zen Shiatsu II  
EMA-4021 Eastern Bodywork: Acupressure I  
EMA-4022 Eastern Bodywork: Acupressure II  
EMA-4032 Eastern Bodywork: Tui Na II

# Three-Year Acupuncture

## Year 2 - Term 1

CODE	COURSE TITLE	CREDITS
TCM-1004	Diagnostics of TCM (B)	3
ACU-2007	Acupuncture Points Theory (B)	3
BIO-5004	Tui Na	3
HRB-8002	Pathology	3
ACT-3001	Acupuncture Therapeutics	3
		Total - 15

## Year 2 - Term 2

CODE	COURSE TITLE	CREDITS
ACU-2004	Acupuncture Points Theory (C)	3
ACU-2007	Acupuncture Techniques (B)	3
BIO-5004	Pharmacology	3
HRB-8002	Introduction to TCM Herbology and Formula	3
ACT-3001	Acupuncture Internal Medicine	3
ACT-3003	Acupuncture External Medicine and Misc.	3
		Total - 18

## Year 2 - Term 3

CODE	COURSE TITLE	CREDITS
HRB-8001	TCM Nutrition	3
BIO-5005	Neuroanatomy & Emergency Medicine	3
ACT-3002	Acupuncture Gynecology & Pediatric Diseases	3
BIO-5006	Western Medical Diagnostics & Examination	3
ACT-3004	Acupuncture Orthopedics, Sports Medicine, Traumatology	3
		Total - 15

## Year 2 - Term 4

CODE	COURSE TITLE	CREDITS
PRO-7005	Exam Preparation, Career Planning	3
		Total - 3



## Year 3

CODE	COURSE TITLE	CREDITS
CLC-9000	Clinical Observation (68 Hours)	4
CLC-9001	Clinical Internship A (Transitional Clinic 50 Hours)	3
CLC-9002	Clinical Internship B (50 Hours)	3
CLC-9002	Clinical Internship B (200 Hours)	12
CLC-9002	Clinical Internship B (50 Hours)	3
RES-9021	Residency (50 Hours)	3
RES-9021	Residency (100 Hours)	6
RES-9021	Residency (100 Hours)	6
		Total - 40





# Three-Year Acupuncture Diploma (January Start)

## Year 1 - Term 1

CODE	COURSE TITLE	CREDITS
ACU-2008	Acupuncturist Safety, Jurisprudence, Regulation, Intro to Clinic	3
ACU-2001	Meridian Theory	3
BIO-5001	Anatomy I	3
ACU-2005	Acupuncture Allied Therapies	3
ACU-2002	Acupuncture Point Theory (A)	3
TCM-1001	Foundation of Traditional Chinese Medicine (A)	3
		Total - 18

## Year 1 - Term 2

CODE	COURSE TITLE	CREDITS
TCM-1003	Diagnostics of Traditional Chinese Medicine (A)	3
ACU-2006	Acupuncture Techniques (A)	3
TCM-1002	Foundation of Traditional Chinese Medicine (B)	3
BIO-5002	Physiology	3
EMA-40XX	Eastern Bodywork II*	3
BIO-5011	Anatomy II	3
		Total - 18

## Year 1 - Term 3

CODE	COURSE TITLE	CREDITS
TCM-1004	Diagnostics of Traditional Chinese Medicine (B)	3
EMA-40XX	Eastern Bodywork I*	3
ACU-2003	Acupuncture Points Theory (B)	3
EMA-4003	Tui Na	3
BIO-5003	Pathology	3
ACT-3005	Acupuncture Therapeutics	3
		Total - 18

\* Eastern Bodywork I and Eastern Bodywork II is completed by taking two of the following courses which have rotating availability:

EMA-4011 Eastern Bodywork: Zen Shiatsu I  
 EMA-4012 Eastern Bodywork: Zen Shiatsu II  
 EMA-4021 Eastern Bodywork: Acupressure I  
 EMA-4022 Eastern Bodywork: Acupressure II  
 EMA-4032 Eastern Bodywork: Tui Na II

# Three-Year Acupuncture (January Start)

## Year 2 - Term 1

CODE	COURSE TITLE	CREDITS
ACU-2004	Acupuncture Points Theory (C)	3
ACU-2007	Acupuncture Techniques (B)	3
BIO-5004	Pharmacology	3
HRB-8002	Introduction to TCM Herbology and Formula	3
ACT-3001	Acupuncture Internal Medicine	3
ACT-3003	Acupuncture External Medicine and Misc.	3
		Total - 18

## Year 2 - Term 2

CODE	COURSE TITLE	CREDITS
HRB-8001	TCM Nutrition	3
BIO-5005	Neuroanatomy & Emergency Medicine	3
ACT-3002	Acupuncture Gynecology & Pediatric Diseases	3
BIO-5006	Western Medical Diagnostics & Examination	3
ACT-3004	Acupuncture Orthopedics, Sports Medicine, Traumatology	3
		Total - 15

## Year 2 - Term 3

CODE	COURSE TITLE	CREDITS
PRO-7005	Exam Preparation, Career Planning	3
		Total - 3

## Year 2 - Term 4

CODE	COURSE TITLE	CREDITS
PRO-7001	Interpersonal Skills, Practice Management, Professionalism	3
TCM-1005	TCM History, Pinyin, Chinese Language, etc.	3
SHA-6001	Self Healing Arts	3
		Total - 9



## Year 3

CODE	COURSE TITLE	CREDITS
CLC-9000	Clinical Observation (68 Hours)	4
CLC-9001	Clinical Internship A (Transitional Clinic 50 Hours)	3
CLC-9002	Clinical Internship B (50 Hours)	3
CLC-9002	Clinical Internship B (200 Hours)	12
CLC-9002	Clinical Internship B (50 Hours)	3
RES-9021	Residency (50 Hours)	3
RES-9021	Residency (100 Hours)	6
RES-9021	Residency (100 Hours)	6

Total - 40





# Post-Grad Traditional Chinese Medicine Practitioner

## Term 1

CODE	COURSE TITLE	CREDITS
HRB-8002	Introduction to TCM Herbology and Formula	3
HRB-8003	Herbal Materia Medica I	3
HRB-8004	Herbal Materia Medica II	3
BIO-5015	Advanced Study Western Clinical & Emergency Medicine	3
CLC-9031	TCMP Clinical Internship (250 Hours)	3
		Total - 15

## Term 2

CODE	COURSE TITLE	CREDITS
HRB-8005	Herbal Formula I	3
HRB-8006	Herbal Formula II	3
HRB-8008	Dui Yao & Pao Zhi: Herbal Combination & Preparation	3
HBT-1201	TCM Internal Medicine	3
BIO-5013	Advanced Western Pathology Case Studies	3
		Total - 15

## Term 3

CODE	COURSE TITLE	CREDITS
HBT-1202	TCM Gynecology & Pediatric Diseases	3
HRB-8007	Herbal Formula III & Dispensary Management	3
HBT-1203	TCM External Medicine and Misc.	3
HBT-1204	TCM Orthopedics, Sports Medicine, Traumatology	3
HRB-8009	Patent Herbal Medicine	3
		Total - 15

## Term 4

CODE	COURSE TITLE	CREDITS
PRO-7005	Exam Preparation, Career Planning	20
		Total - 20

# Post-Grad Advanced Traditional Chinese Medicine Practitioner

## Term 1

CODE	COURSE TITLE	CREDITS
TCM-1006	Huang Di Nei Jing	3
TCM-1007	Shang Hang Lun	3
HBT-1205	Integrated Treatment - Respiratory Disease	3
HBT-1206	Integrated Treatment - Digestive and Colorectal Disease	3
ACU-2010	Korean Five Element Acupuncture, Cosmetic Acupuncture	3
CLC-9041	ATCMP Clinical Internship (250 Hours)	3

Total - 18

## Term 2

CODE	COURSE TITLE	CREDITS
TCM-1009	Jing Gui Yao Lue	3
TCM-1010	Wen Bing Xue	3
HBT-1207	Integrated Treatment - Cardiovascular Disease	3
HBT-1208	Integrated Treatment - Oncology	3
BIO-5012	Microbiology	3
ACU-2009	Japanese Acupuncture & Moxibustion	3

Total - 18

## Term 3

CODE	COURSE TITLE	CREDITS
HBT-1209	Integrated Treatment - Traumatology and Orthopaedics	3
HBT-1210	Integrated Treatment - Autoimmune Disorders	3
HBT-1211	Psychoemotional Disorders	3
BIO-5014	Advanced Pharmacology	3

Total - 12



# Class Descriptions

## TCM Theory and Diagnostics

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### FOUNDATION OF TRADITIONAL CHINESE MEDICINE (A)

As the first part in the Foundation of Traditional Chinese Medicine series, this course introduces students to Traditional Chinese Medicine (TCM), which is deeply rooted in ancient Chinese philosophy. Students will learn basic concepts and applications of TCM including Yin Yang theory, Five Element theory, introduction to the theory of Internal organ, the theory of essential substances and the theoretical system of Chinese medicine.

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### FOUNDATION OF TRADITIONAL CHINESE MEDICINE (B)

This course is the second part in the Foundation of Traditional Chinese Medicine series and explores the theory of vital substances: energy, blood, body fluid, essence, and spirit. Students will learn the causes of diseases in TCM, both external and internal, pathological changes in TCM, the principles of treatment in TCM, prevention, health preservation (yang sheng), and body constitution, characteristics, genetic and environmental factors.

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### DIAGNOSTICS OF TRADITIONAL CHINESE MEDICINE (A)

As the first part in the Diagnostics of Traditional Chinese Medicine series, this course is an examination of the history and application of the two main principles of diagnosis in TCM. The first principle students will learn are the four diagnostic methods. The second principle students will learn examines the differentiation of illnesses according to the theories of the eight principles: 8 principle syndromes diagnosis.

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### DIAGNOSTICS OF TRADITIONAL CHINESE MEDICINE (B)

This course is the continuation of Diagnostics of Traditional Chinese Medicine (A) and students learn to further differentiate when a patient has similar patterns, and are taught how to make an accurate diagnosis based on the key signs and symptoms: qi-blood-fluids, the zang-fu, five-element theory, the six energetic layers, shang han.

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### TCM HISTORY, PINYIN, CHINESE LANGUAGE, ETC.

This course offers a basic introduction to modern Chinese language (Mandarin), and how it relates to Traditional Chinese medicine. There will be great importance on Pinyin pronunciation and tones of fundamental vocabulary and characters used in Eastern medicine. This course helps students read and understand the names of herbs, treatments and acupoints that they will encounter further in their career.

# TCM Classics

## HUANG DI NEI JING

This class will explore the selected theories of the Nei Jing (The Cannon of Internal Medicine), which is linked to Huang Di (The Yellow Emperor). It is one of the founding sources for Eastern medicine theories, Eastern medicine diagnosis, the notion of Yin/ Yang, Five Elements theory and the concept of channels and collaterals. The instructor will work with students to interpret this ancient Chinese classic text.

## SHANG HANG LUN

Considered one of the TCM classics, Shang Han Lun is a discussion regarding the theories of infectious diseases induced by wind and cold. The text was written over 1800 years ago by Zhang Zhongjing during the Han dynasty. It relies exclusively on herbal formulas as its treatment method and uses the six-channel theory differentiation. This class will also cover etiology, pulse and tongue analysis, clinical manifestations and the different stages of disease.

## JING GUI YAO LUE

This is another branch of the TCM classics; it examines miscellaneous diseases as discussed in the Jin Gui Yao Lue (Essential Prescriptions of the Golden Chamber) as written by Zhang Zhong Jing over 1800 years ago. Students will be taught advanced theory, diagnosis and treatment methods contained in this classic. Herbal formulas and their application will also be discussed.

## WEN BING XUE

This classic discusses the theory and treatment of infectious diseases induced by heat. The Wen Bing Xue states that heat is a major cause of externally induced diseases and it describes the development of the disease by using the four-aspect pattern of differentiation. This class will cover etiology, pulse & tongue signs, syndrome stages and clinical manifestations.



# Acupuncture Foundations

## MERIDIAN THEORY

This course covers the basics of the meridian system, such as meridian theory, the physical locations and anatomical landmarks of the meridian pathways, and the nomenclature and pathways of the 12 regular meridians, 8 extraordinary meridians, internal pathways, and the six divisions of meridians across body areas. This course introduces students to the fundamental theories of meridians and collaterals and their distribution and functions in preparation for application in acupuncture practice in other courses.

## ACUPUNCTURE POINTS THEORY (A)

Students learn the theory and categories of acupoints from both a traditional and modern perspective. The classical points such as the five shu points, the yuan source points, the luo connecting points, the xi cleft points, the front mu points, and the back shu points are located and discussed in detail. Students are introduced to Cycle One acupuncture points.

## ACUPUNCTURE POINTS THEORY (B)

Students learn the names, numbers, physical locations, anatomical descriptions, and classical functions of acupuncture points of Heart, Small Intestine, Bladder, and Kidney, Pericardium, San Jiao, Gallbladder and Liver meridians. Students also learn the musculature, innervation, and dermatomes underlying the primary meridian acupuncture points. The course emphasis is on fluency with the physical locations of the points and the points' functional usage in classical and modern perspectives.

## ACUPUNCTURE POINTS THEORY (C)

Students learn the names, numbers, physical locations, anatomical descriptions, classical functions of acupuncture points of Ren and Du meridians and extra points, as well as the musculature, innervation, and dermatomes underlying the primary meridian acupuncture points. By the end of this course, students should know the physical locations, functions, and indications necessary to select acupuncture points effectively. The classical points theory is located and discussed in detail.

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#### ACUPUNCTURE ALLIED THERAPIES

This is a practical course that introduces the clinical application of a wide variety of modalities that may include cupping, gua sha, moxibustion and electro-acupuncture. Integrating lectures, demonstrations and hands on practice within the course. Students will learn to incorporate these modalities into their acupuncture practice as well as utilize them as standalone treatment for various conditions.

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#### ACUPUNCTURE TECHNIQUES (A)

This course provides students with the theory and practice of various techniques, including clean needle technique, patient positioning, draping, insertion and withdrawal of Filiform Acupuncture needles, basic skills for needle manipulation based on TCM Diagnosis, reducing and reinforcing needling methods and ancient comprehensive reducing-reinforcing skills and special needle skills. Students will also learn the theory of Intradermal needles and the three-edged needle. Attention is paid to the professional practice, general precautions, and contraindications for needling.

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#### ACUPUNCTURE TECHNIQUES (B)

This course is a continuation of Acupuncture Techniques (A) which provides students with more advanced practical training in acupuncture techniques. More advanced skills for promoting qi arrival and achieving the desired effect of any acupuncture technique are emphasized through finger-strength conditioning and hands-on practice with other students. And students have the opportunity to review the locations and practice needling the second and third cycles of Meridian Flow.

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#### ACUPUNCTURIST SAFETY, JURISPRUDENCE, REGULATION, INTRO TO CLINIC

This course is designed to prepare students for professional practice, by introducing them to the clinic environment and teaching sanitation and safety procedures, as well as the regulations that govern ethical and legal behaviour for the safety of both patient and practitioner in the practice of Eastern medicine and Acupuncture in Canada.

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#### JAPANESE ACUPUNCTURE & MOXIBUSTION

This course will examine Japanese Acupuncture and Moxibustion. This type of acupuncture is based on the works of various Japanese masters, which include Kiiko Matsumoto, Master Kiyoshi Nagano, Master Kawaii and Dr. Manaka. One of the key diagnostic tools of this type of acupuncture is using point, channel and structural palpation. Students are taught a palpation sequence on areas such as the abdomen, muscle structures and reflex points. These areas are palpated to provide instant feedback. This style of acupuncture deeply examines a patient's structural and constitutional imbalances.

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#### KOREAN FIVE ELEMENT ACUPUNCTURE

This course introduces students to Korean SaAm Five Element Acupuncture. This system was developed over 400 years ago by Master SaAm, one of the three Great Physicians of the Korean Chosun Dynasty. This style is distinctive by its elegant, safe and effective use of the Five Element Shu points located on the limbs using minimal (2 to 4) needles.



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## Acupuncture Treatment

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#### ACUPUNCTURE INTERNAL MEDICINE

This course covers 49 diseases of internal medicine, and offers an in-depth study of the etiology, pathogenesis, diagnostic parameters, syndrome differentiations and treatment principles according to the theoretical models presented in TCM. The emphasis of this course will be on pathogenesis, syndrome differentiation, treatment planning, and selection of appropriate point combinations and treatment modalities for individual diseases. Students will learn why points are chosen in the prescription and how to manipulate points with proper technique for improved treatment efficacy of internal medicine diseases.

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#### ACUPUNCTURE GYNECOLOGY & PEDIATRIC DISEASES

This course is an introduction to treatment of gynecology and pediatric diseases with acupuncture. This course offers an in-depth study of the diagnostic parameters, syndrome differentiations, and treatment principles according to the theoretical models presented in TCM. An emphasis will be placed on syndrome differentiation, treating planning, and selection of appropriate point combinations for each condition. Students will learn why points are chosen and how to use point combinations for improved treatment efficacy of gynecological and pediatric diseases.



ACUPUNCTURE EXTERNAL  
MEDICINE AND MISC.

Students will study common diseases of external medicine including their etiology, pathogenesis, clinical patterns and treatment. Both Western and TCM perspectives of the diseases will be introduced with emphasis on the latter. An emphasis will be placed on syndrome differentiation, treating planning, and selection of appropriate point combinations for each condition. Students will learn why points are chosen and how to use point combinations for improved treatment efficacy of extern medicine diseases.

ACUPUNCTURE  
ORTHOPEDICS, SPORTS  
MEDICINE, TRAUMATOLOGY

This course offers an in-depth study of acupuncture treatment for trauma and orthopedics disorders, as well as sports injury. It integrates biomedicine and TCM in explaining the pathogenesis, symptoms, clinical diagnosis and treatment. Students will learn how to identify these disorders in a clinical practice based on both TCM differentiation of syndromes and western medicine diagnosis including physical examination and signs of joints, etc. There will be an emphasis on TCM etiology, pathogenesis, pattern identification, treatment principles, acupoints selection and needling techniques, as well as alternative treatment methods of traumatology and orthopedics diseases.

ACUPUNCTURE  
THERAPEUTICS

Students will have the opportunity to review identification of TCM syndrome by various methods: such as eight principles, pathogens, four levels, six stages, meridians and five elements. And more importantly, they will learn how to make treatment principles and choose points based on different syndromes, as well as the corresponding manipulation of needling.



# Herbology and Nutrition

TCM NUTRITION

This course will introduce students to Chinese herbs and nutrition and how to apply TCM foundation theory to use common foods as medicine (zhong yao). Students will learn how to theoretically make medicinal products such as teas, congee, soup, and other dishes. Students will also learn about individual herbs and foods, including their qualities, actions, and indications. This course will also introduce students to TCM health preservation, basic principles of prevention in TCM (yu fang), and basic life preservation, such as diet, exercise, and lifestyle (yang sheng).

INTRODUCTION TO  
TCM HERBOLOGY AND  
FORMULA

This is an introductory course that studies some of the most common Chinese herbs and includes theory to help students understand how different herbs are categorized and prepared. In addition, students learn proper dosage levels, ideal combinations, and incompatibilities. Students also learn how to classify herbs based on their qualities, appearance, and action.

# Traditional Chinese Medicine Practitioner

## Herbology

### HERBAL MATERIA MEDICA I

This is an introductory course that studies some of the most common Chinese herbs; and includes theory to help students understand how different herbs are categorized, prepared and cooked. In addition, students learn proper dosage levels, ideal combinations, and incompatibilities. Students also learn how to classify herbs based on their qualities; appearance & action.

### HERBAL MATERIA MEDICA II

This course is an extension of the material imparted in Herbal Materia Medica I. Students further expand their knowledge of the herbal pharmacopoeia used in clinical practice. By completion, students will be familiarized with over 300 medicinal herbs.

### HERBAL FORMULA I

This course is the first of the Herbal Formula series and provides an introduction to the basics of creating herbal formulas through the study of traditional Chinese herbal prescriptions. Students achieve a basic understanding of how to prepare a balanced formula tailored to the conditions of each patient.

### HERBAL FORMULA II

This course is a continuation of Herbal Formula I. Students delve further into the rich tradition of Eastern medicine and learn how to compound and modify formulas. By employing what is learned in Herbal Formula I, students learn advanced techniques on how to modify traditional formulas in order to address the needs of individual patients.



### HERBAL FORMULA III AND DISPENSARY MANAGEMENT

This course is the final part in the Herbal Formula series; it is a continuation of Herbal Formula II and students will further expand their knowledge in traditional Chinese herbal formulas. Students will also be trained in dispensary management.

### DUI YAO & PAO ZHI: HERBAL COMBINATION & PREPARATION

This course is a further extension of the formulas studied in the Herbal Formula course series. Students are given special instruction in modifying traditional prescriptions personalized for each patient. Lectures focus on how to prepare prescriptions around a chief herb, as well as including herbs that assist, guide and harmonize. In addition, students will study the different preparation methods (Pao Zhi) which can be applied to herbs in order to modify their properties. Students also learn how to use herbs in a topical preparation for various conditions such as trauma, injuries, various skin conditions and relaxation.

### PATENT HERBAL MEDICINE

This is an introductory course that studies some of the most common Chinese herbs; and includes theory to help students understand how different herbs are categorized, prepared and cooked. In addition, students learn proper dosage levels, ideal combinations, and incompatibilities. Students also learn how to classify herbs based on their qualities, appearance & action.



# Asian Bodywork

## EASTERN BODYWORK I

This course teaches students how to perform Eastern Massages that focuses on energy and meridians. This could include elements of Zen Shiatsu, Meridian Massage, or Acupressure. Meridian Massage will teach students the location and connections of meridians and cyclical flow between meridians, as well as techniques and treatment combinations to enable them to begin their practitioner development and interpersonal skills through participation in student clinics.

## EASTERN BODYWORK II

This course is a continuation of Eastern Bodywork I. Students further their knowledge and practice of bodywork techniques and broaden their scope to be able to treat more acute and chronic conditions.

## TUI NA

This course focuses on the history, basic treatments and manipulations of Tuina massage. There is hands-on practice of the various techniques, and a discourse on where it is applied on the body. Students will learn how Tuina can treat various illnesses; and how Tuina ties in with acupuncture & moxibustion treatments. There will also be focus on how to utilize the therapeutic effects of Tuina for diseases observed in Eastern internal medicine, gynecology and pediatrics.

# Western Biomedicine

## ANATOMY I

This course is an introduction to the gross structure of the human body. Lecture material will help to reinforce the basics of medical vocabulary that the students will require throughout their professional career and assist the student in developing a sound foundation for future courses in Western Biomedicine.

## PHYSIOLOGY

This course will provide students with a foundational understanding of the function & regulation of the human body and physiological integration of the organ systems necessary for maintaining homeostasis. Through lecture material and clinical problem sets, students will learn about the musculoskeletal, circulatory, respiratory, digestive, urinary, immune, reproductive, and endocrine systems. This will provide the basis of medical vocabulary that the students will require for future courses related to Acupuncture & soft tissue manipulation, and throughout their professional career.





**PATHOLOGY**

This course will provide an introductory understanding of the nature and mechanisms of disease through the study of pathology & the cellular pathogenesis of the human body and brain. Lecture material and clinical problem sets will prepare students for future courses related to physical therapies & soft tissue manipulation and will help to reinforce the basis of medical vocabulary that the students will require throughout their professional career. There will be focus placed on the interaction of medications to provide students with the competencies for safe and effective practice.

**PHARMACOLOGY**

This course introduces students to the field of pharmacology and pharmaceutical drugs, with particular focus on drug chemistry, side effects, indications, and contraindications. Course material will then cover the fundamental mechanisms of disease processes and responses for healing. A closer look at the pathophysiology of the cardiac, respiratory, gastrointestinal, renal, endocrine, reproductive, musculoskeletal and central nervous systems will be provided.

**NEUROANATOMY & EMERGENCY MEDICINE**

This course is a study of the structure and organization of the central and peripheral nervous systems (CNS and PNS). Additionally, students will be taught important signs and symptoms indicating that a patient has a severe or life-threatening injury, along with training on the appropriate actions required when making referrals to other physicians.

**WESTERN MEDICAL DIAGNOSTICS & EXAMINATION**

This course is designed to teach students the appropriate usage of Western medical assessment and clinical laboratory tools within the practice of acupuncture. Students will be trained in the proper techniques of Western diagnostic assessment, including history taking, physical examination and clinical charting.

**ANATOMY II**

This course provides a comprehensive look at the functions and structures of human anatomy & physiology, which will include the musculoskeletal, nervous, endocrine, digestive, respiratory, circulatory, immune, urinary, and reproductive systems. In addition, Students will study the functions and regulations of organ systems in this course as well as biochemical processes.



**ADVANCED WESTERN PATHOLOGY CASE STUDIES**

This course will further enhance the material covered in the lectures regarding Pathology. The aim of this course is to deepen the students understanding by learning and discussing various clinical case studies.

**ADVANCED STUDY WESTERN CLINICAL & EMERGENCY MEDICINE**

This course will explore important signs and symptoms, which indicate that a patient has a severe or life threatening injury that requires an immediate referral to a Western physician. Students will be trained in the proper handling of “red flag” cases and the appropriate action required when making referrals to other physicians. In addition, simple emergencies that may occur in an Acupuncture clinic will be reviewed and discussed.

**ADVANCED PHARMACOLOGY**

This course will further enhance the material covered in the lectures regarding Pharmacology. The aim of this course is to deepen the students understanding by learning and discussing various clinical case studies.

**MICROBIOLOGY**

This course discusses the ways that microorganisms occur and the significance of their presence, especially in the health-care environment. The transmission of disease-causing microorganisms and the need to reduce the spread of potentially infectious microorganisms are also explored with emphasis on practices and methods of infection control.



# Practitioner Courses

SELF HEALING ARTS	This course introduces students to the basic theory of Yang Sheng (Self-Cultivation), a common practice to cultivate health and harmony through daily activities, and maintain balance by concentrating on well-being rather than treating sickness. Movement exercises that may include traditional Qi Gong or other Arts that are powerful systems of healing and energy will be taught. Breathing techniques, gentle movement, and meditation to cleanse, strengthen, and circulate life energy. Students will learn how natural healing arts can reduce stress, enhance the immune system, and improve cardiovascular, respiratory, circulatory, lymphatic, and digestive functions.
INTERPERSONAL SKILLS, PRACTICE MANAGEMENT, PROFESSIONALISM	This course introduces students to basic business development including marketing, patient management, and general practice management. Students will gain an understanding of professionalism including behaviour of listening, counselling, explaining, and teaching, as well as the value of positive thinking and proper interpersonal skills. Students will develop self-awareness and assessment skills, critical thinking, and an understanding of the professional and ethical roles of healthcare professionals.
CAREER PLANNING, EXAM PREPARATION	This is the final course in the TCMP and Acupuncture Programs. It will prepare students for life after graduation and fully prepare them for any official board exams that they may need to write.

# TCM Treatment

TCM INTERNAL MEDICINE	This course will focus on diseases of the internal organs and how they are diagnosed and treated. It will also examine the origins of these diseases and how they can be treated with medicinal herbs.
TCM GYNECOLOGY & PEDIATRIC DISEASES	This course examines common diseases of the female reproductive system, as well as some of the most frequent complaints experienced by women and children. Students look at methods of treating these diseases with the use of Chinese herbal formulas, acupuncture and moxibustion, and will also be taught contraindications of treating patients during pregnancy and breast-feeding. In addition, students will learn how to interpret Western diagnosis regarding a patient's hormonal cycles and its relation to their health.
TCM EXTERNAL MEDICINE AND MISC.	This course will cover External medicine, Wai Ke, and common diseases from both Eastern and Western perspectives. It will focus on etiology, pathogenesis, syndrome differentiation, treatment therapies employing medicinal herbs, acupuncture, moxibustion and other allied therapies.
TCM ORTHOPEDICS, SPORTS MEDICINE, TRAUMATOLOGY	This course looks at diseases of the musculoskeletal system, their etiology, and proper treatment. Students will learn some of the most common injuries that patients experience, and are taught to apply acupuncture, moxibustion, various forms of bodywork, and herbs as a form of treatment. They will also learn to perform vital orthopedic tests to determine the efficacy of treatments or in some cases refer them to other practitioners for further treatment.
INTEGRATED TREATMENT: RESPIRATORY DISEASE	This course will cover common respiratory diseases such as the common cold, flu, asthma, allergies, bronchitis, lung infections, and pulmonary conditions such as edema, hypertension, thrombosis, pleural disease, and adult respiratory distress syndrome. Students will perform syndrome differentiation in order to prescribe the appropriate treatment, drawing from either Eastern medical principles or Western clinical data.
INTEGRATED TREATMENT: PSYCHOEMOTIONAL DISORDERS	This course will focus on the diagnosis and treatment of psychiatric disorders from the perspectives of both Eastern and Western medicine. Students will examine the development of human behaviour and how it is influenced by cultural patterns, societal persuasion, traumatic life events, and interpersonal relationships. The goal of this course is to give students the ability to treat patients with emotional complaints confidently through Eastern medical treatment.

INTEGRATED TREATMENT:  
DIGESTIVE AND  
COLORECTAL DISEASE

This course examines the numerous pathologies of the digestive tract, colon, liver and pancreas. Students will be taught various signs and symptoms, methods used to spot these important indicators of disease, and how to compose an integrative treatment. It will also examine the various Western diseases linked with digestive and colorectal problems such as Irritable Bowel Syndrome, Crohn’s disease, Colitis and hernia.

INTEGRATED TREATMENT:  
CARDIOVASCULAR  
DISEASE

This course will teach students about the common causes of cardiovascular diseases such as heart attack, angina, stroke, high blood pressure, and heart failure, and the common treatment methods employed in Eastern and Western medicine. Students will be exposed to lab reports such as electrocardiography, cardiac stress test, and angiography and will learn how to differentiate syndromes to devise comprehensive treatment plans.

INTEGRATED TREATMENT:  
ONCOLOGY

This course will provide students with a comprehensive understanding of the various ways that Eastern medicine is used as a complementary treatment for patients who have been diagnosed with cancer. Topics such as the treatment of various side effects of cancer treatment, relieving symptoms, and improving the patient’s quality of life will be covered in class. Various types of cancer will be explored such as brain, lung, liver and breast.

INTEGRATED TREATMENT:  
TRAUMATOLOGY AND  
ORTHOPAEDICS

This course looks at diseases of the musculoskeletal system, their etiology and proper treatment. Students learn to distinguish between common injuries, such as soft tissue and bone injuries. Further, students are taught to apply acupuncture, moxibustion, various forms of bodywork, and herbs as a form of treatment. They will also learn to perform vital orthopedic tests to determine the efficacy of treatments or in some cases refer them to other practitioners for further treatment.

INTEGRATED TREATMENT:  
AUTOIMMUNE DISORDERS

This course covers the diagnosis and treatment of autoimmune disease, including celiac disease, diabetes mellitus type 1, Graves disease, inflammatory bowel disease, multiple sclerosis, psoriasis, rheumatoid arthritis, and systemic lupus erythematosus. Students will learn how Eastern medicine is used as an alternate treatment modality and how to combine Eastern and Western medicine where appropriate, including managing side effects from steroid use.

